

ST. PAUL'S UNITED CHURCH

LIFE & WORK OF THE CHURCH

August 9, 2009

Calendar

Sunday, August 9

Office closed -- on summer hours

10:30 a.m. Worship

11:40 a.m. Fellowship time
- juice in Narthex/Lobby
- Letters are available to sign regarding Site #41

Monday, August 10

9:00 a.m. Summer Day Camp 11:00 a.m. Jubilee House

7:30 p.m. House Band

7:30 p.m. 12- Step Programme

Tuesday, August 11

9:00 a.m. Summer Day

9:00 a.m. Tai Chi

9:30 a.m. Mothercare

10 - 11 a.m. Social Services

7:00 p.m. Balancing Your Personal Medicine Wheel

Wednesday, August 12

9:00 a.m. Summer Day Camp

11:45 a.m. MS Adaptive Tai Chi

7:00 p.m. Women's Teachings and the Pleasures of Menopause

Thursday, August 13

9:00 a.m. Summer Day Camp

10 - 11 a.m. Social Services

7:30 p.m. 12- Step Programme

Friday, August 14

Office closed -- on summer hours

9:00 a.m. Summer Day Camp

9:30 a.m. Mothercare

Sunday, August 16

Office closed -- on summer hours

10:30 a.m. Worship

11:40 a.m. Fellowship time
- juice in Narthex/Lobby

3:30 p.m. 3:30 Live!

OTHER GROUPS WE PARTNER WITH BY PROVIDING SPACE: Wednesday: Suzuki Baby Group.

WELCOME CENTRE ~ In the Narthex/Lobby! Pick up a yellow duo tang full of information about St. Paul's.

GODSEND ~ Please help support this program -- bring just one item of food or other non-perishable necessity, per family per week, every week, when you come to worship.

IMPORTANT NOTICE ~ Due to limited custodial time, people can only be assured that the building will be open Monday to Thursday 9:30 a.m. to 1:30 p.m. from June 29 -- September 7. If you need alternate arrangements please contact the office at 326-7351. Steve Robinson has been hired on a contract basis to do custodial duties for 20 hours per week.

LIVING AN INSPIRED LIFE ~ Morning workshop led by Kathie and Fred Joblin, Saturday, August 22, 9:30 -- 11:30 a.m. in the Banquet Hall. Introduction (a repeat of the June 19 intro) to a series of workshops starting in September on the life journey. Questions that will be explored: What would life be like if we "got" who we truly are? If we integrated our awareness into our daily lives? If we lived from a sense of wholeness, rather than woundedness? If we moved gracefully through our life transitions? Suggested contribution: \$10. For more info, call 326-7873.

BALANCING YOUR PERSONAL MEDICINE WHEEL ~ This is an 8-week group session led by Denise Toner, Natural Law Teacher. Learn about "Good Life," the gifts on the Medicine Wheel, self discovery, enhancing awareness, increasing positive feelings and positive thoughts. This process will greatly enhance personal human development. Be comfortable and bring a journal. There will be movement. All are welcome. The group starts on Tuesday, July 21 and will continue every Tuesday for 8 weeks; the time is 7 p.m. to 10 p.m. Cost is \$150 which includes light refreshment and donation to St. Paul's. For more information or to register, please contact Denise at 323-2831 or naturallawteacher@yahoo.ca

WOMEN'S TEACHINGS AND THE PLEASURES OF MENOPAUSE ~ This is an 8-week group session led by Denise Toner. Learn about the roles and responsibilities of women and the pleasures this brings into our daily lives as we mature and BECOME. This process increases "Good Life." This self-discovery and practice enhances self-esteem, intuition, and wisdom about being a woman. This process will greatly enhance

personal human development. All females are welcome. Time is 7:00 p.m. to 10 p.m. on Wednesdays, starting on July 22 and continuing for 8 weeks. Cost is \$150 which includes donation to St. Paul's and light refreshment. For more information or to register, please contact Denise at 323-2831 or naturallawteacher@yahoo.ca

HIGH SCHOOL YOUTH GROUP ~ The group will begin this new venture on Saturday, September 26 at the Tree Top Trekking on Horseshoe Valley Rd. We will be there for 5 hours of climbing, team building, and a chance to connect at a "higher level". After climbing we will be off to Sparrow Lake Camp to continue the adventure until Sunday afternoon. Be there or be square! Contact Monica for more information, and please let her know if you plan to attend (A.S.A.P.)

KIDS CHURCH! ~ We begin in a new way with an **all-ages party** on Sunday, September 13, during church time. **September 20th is Bring - A - Friend - To - Church Sunday**, with a breakfast at 9:00 a.m., special all-ages activities during KIDS' CHURCH, and a Church Fair following the service. This is the perfect time to welcome your Friends to the St Paul's community, Come one, Come all!!! Don't forget to save the weekend of **September 26 & 27 for a congregational camp at Sparrow Lake** – all ages are encouraged to come.

UCW FUNDRAISER ~ Sunshine City Theatre vouchers are still available by calling Diane Weber at 327-7333. The remaining shows are *Don't Sit Under The Apple Tree*, *Scenes from the 19th Hole* and *Mash 6000*. Each \$23 voucher is redeemable for a ticket to any of the shows--\$5 of each supports St. Paul's UCW.

ST. PAUL'S OUTREACH COMMITTEE: SHOPPING FOR A CAUSE - Each year before Cathy Downham returns home from the Border she goes shopping in the markets of Thailand to buy silks, jewelry, Karen Weaving and other items that appeal to her. These items are sold through HILARY'S SHOP in Washago (just past the hardware store) and GATEWAY FIBREWORKS in Gravenhurst (just past the beer store on Bethune Drive). The items are unique, lovely for gifts or to keep, and all the profit goes directly to PROJECT UMBRELLA BURMA to help the Karen children and Dr. Cynthia's Clinic. This is "feel good shopping". Give it a try, you'll love it.

SPIRE ~ The next issue of the Spire will be distributed on Sunday, September 13. If you have any articles, notices or pictures that you would like to submit, please do so by September 4 to the Church office. You can also email them to programstpauls@bellnet.ca.

THE WEDNESDAY STUDY GROUP which looked at Borg & Crossan's, *The Last Week*, during Lent will be resurrected in the Fall, with both Karen & Monica, so they can engage in study together as well. Start date will be September 9, from 10:30 a.m. to 12 noon. We will begin by looking at Diana Butler-Bass' book, *Christianity for the Rest of Us*. You may purchase the book through Manticore for \$16.50. The next book will be Bruce Sanguin's *Darwin, Divinity, and the Dance of the Cosmos – An Ecological Christianity*. During Advent we will look at Borg & Crossan's, *The First Christmas*, and starting in January, it will be Greta Vosper's book, *With or Without God*. People may become regular group members, or join us for the topic which interests you. More details will follow.

AS WE PRAY ❖ We celebrate and offer prayers of support for Timothy Andrews Sayle and Nicole Christine Conner who were married at Metropolitan United Church in Toronto on Saturday, August 8. Tim is the son of Eric and Cathy Sayle and the grandson of Ross and Evelyn Andrews. ❖ We celebrate with Ian and Kara Sinclair on the birth of their daughter Aliah Michiko Sinclair who was born on Wednesday, August 5, 2009. ❖ We keep in our prayers the Commissioners to The United Church's General Council as they prepare for the August tri-annual meeting. ❖ We send light and love to Betty Chevalier, Leona Ladouceur, Nora Robert (Bonnie Sugden's mother), Kerry Ovens, Bruce Johnston, Scott Lepard, Dave Langman, Chas Mugford, Betty Leigh, Hilda Hayes, Karin Bolette Sonne, Jim Nicol, Joyce Nicol, Dorothy Clarke, Ernie Dueck (brother of Agnes Ward), Sandra Koch, Vera Holmes, Pat Young, Colleen Burns, and others connected to our St. Paul's family who are in hospital, recovering at home, in treatment, or preparing for surgery, as well as their families. *Anyone named in our prayer list (or a close relative of theirs) has agreed that they be included. The ministry of prayer is a powerful one. May God's blessings be with us as we continue sharing this ministry. Please let the church office know if you or a loved one is in the hospital as we are not able to check the whole hospital list but want to be of support. The portion of the list we can check is the United Church section – but you will need to make sure that you tell the registration person to put you on that list every time you go or your name will not show up.* ☺

ATTENTION ALL KNITTERS ~ if you would like to knit prayer shawls over the summer months, there are batches of yarn available through the office. Please come during summer office hours, and someone on staff will show you where the yarn is kept. There is plenty of choice! Happy knitting.

CHECK OUT the papers hanging on the hook on the pew – you'll find information on how to get hearing assistive devices for the service, how to let yourself be known to us if you are new, how to let us know if you have any pastoral care concerns ... and much more!